**Food for Thought**

**June 15-21, 2025**

Sunday

**Psalm 119:105** NUN. Thy word *is* a lamp unto my feet, and a light unto my path. KJV

 His Word is what illuminates one’s path. But one must be mindful of the fact that in those times when this was penned, a lamp only clearly illuminated the next step. How often does one want to see the whole of the journey, rather than just clearly the next step? Fresh bread!

**Ephesians 6:15** And your feet shod with the preparation of the gospel of peace; KJV

 Usually when one first gets saved there is an enthusiasm that fills one’s heart. Yet, most people are then told to go out and spread the Word. However, how many are prepared at that point in their walk with Him? Note, it says feet shod with preparation. Are you prepared today with His answers? Food for thought!

Monday

**Ephesians 2:20** And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner *stone*; KJV

 One wants their next step to be upon “the firm foundation” and not sinking sand. It is Jesus Christ who is one’s firm foundation, anything, or anyone else is sinking sand. Fresh bread!

**1Corinthians 3:9** For we are labourers together with God: ye are God's husbandry, *ye are* God's building. **10** According to the grace of God which is given unto me, as a wise masterbuilder, I have laid the foundation, and another buildeth thereon. But let every man take heed how he buildeth thereupon. **11** For other foundation can no man lay than that is laid, which is Jesus Christ. KJV

 Paul’s penning of what he heard from the Father, is how it took the son of man, Jesus of Nazareth; and Christ the Son of God, to complete the act of reconciliation, so that it was now possible for the gentiles to become a part of Father’s family. Being mindful of how you should build your foundation! Food for thought!

Tuesday

**Colossians 2:6** As ye have therefore received Christ Jesus the Lord, *so* walk ye in him: **7** Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving. KJV

 One must be mindful of that which one needs to grow up into Him in all things. It is a step-by-step process, unique to each believer, as there is no one else like you. (It shows how special you are to Father, since there is no one else like you that can do and accomplish that which Father has for you to do). Fresh bread!

**Colossians 2:8** Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ. KJV

 **Beware lest any man spoil you**, … Or despoil you; rob you of the rich treasure of the Gospel, strip you of your spiritual armour, take away from you the truths and doctrines of Christ, and divest you of your spiritual privileges and blessings; suggesting, that the false teachers were thieves and robbers, and men of prey: or drive and carry you away as spoils, as the innocent harmless sheep are drove, and carried away by wolves, and by the thief that comes to steal, to kill, and destroy. (John Gill commentary) (Food for thought)

Wednesday

**1Corinthians 11:1** Be ye followers of me, even as I also *am* of Christ. KJV

 Following that which Christ Jesus set for us to follow after. Why Paul says to follow the example of Christ, and not any person, including himself. This is why one should always point others to the truth of the gospel. Which is Christ Jesus. Fresh bread.

**Philippians 3:17** Brethren, be followers together of me, and mark them which walk so as ye have us for an ensample. **18** (For many walk, of whom I have told you often, and now tell you even weeping, *that they are* the enemies of the cross of Christ: KJV

 We were warned of the wolves in sheep’s clothing. (Matthew 7:15). This is why one studies to show themselves approved unto God, and not any person, place, or thing. Food for thought!

Thursday

**1Timothy 4:12** Let no man despise thy youth; but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity. KJV

 If one would only speak, always being in accordance with the Word, they would never go astray with their tongue. Fresh bread!

**1 Timothy 4:12** Let no one think slightingly of you because you are a young man; but in speech, conduct, love, faith and purity, be an example for your fellow Christians to imitate. (Weymouth NT translation)

 Do not let what others think of you, in trying to keep you from presenting that which Father may ask of you. We as believers in Christ, are all children of God, and need to present ourselves as such. Food for thought!

Friday

**Luke 2:27-30** and when the parents brought in the child Jesus, to do for him after the custom of the law, **28** Then took he him up in his arms, and blessed God, and said, **29** Lord, now lettest thou thy servant depart in peace, according to thy word: **30** For mine eyes have seen thy salvation, KJV

 Simeon, regardless of what the world saw and declared, was not moved or swayed by what they said. Those in the flesh saw the child Jesus brought into the temple; Simeon, by revelation, saw the Lord's Christ. All there were occupying the same space and place in time, yet Simeon saw that which the eye of man could not see, nor the ear of man could not hear. Rather, Simeon was moved by revelation; that is that which God wanted to uncover, to disclose, to make plain before Simeon. How often is a person persuaded to see with the eyes of the lower nature, because of that which the crowd proclaims? Fresh bread!

 How God anointed Jesus of Nazareth with the Holy Ghost and with power. But, just as in this morning’s Fresh Bread, people are all too often swayed by the lower nature and thus do not know Father’s plan of reconciliation. If one has a puzzle before them, and no instructions, it will give a person much grief trying to figure it out. So, from conception, Jesus of Nazareth had the Spirit of Christ within Him but always had to make the right choice. Thus, why He said to learn of Him.

**Acts 10:38** How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good and healing all that were oppressed of the devil; for God was with him. KJV Food for thought!

Saturday

**Matthew 11:29** Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. KJV

 Jesus Christ blazed a trail through the lower nature, so that when one asks Father to reveal to them, the mystery of the Gospel, a whole new insight into the Word and your life with Him changes, as will your path. Will you follow Him? Fresh bread!

**Acts 2:36** Therefore let all the house of Israel know assuredly, that God hath made that same Jesus, whom ye have crucified, both Lord and Christ. KJV

 **that God hath made that same Jesus, whom ye have crucified, both Lord and Christ**; that is, that God the Father had not only constituted and appointed Jesus of Nazareth to be the Messiah, the Lord of lords, and King of kings, and had invested him with that office, power, and authority, (John Gill commentary) Food for thought!

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