**Food for Thought**

**June 8-14, 2025**

Sunday

**Ephesians 1:18** The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, KJV

Note that it is “the eyes of your understanding to be enlightened.” Quit being concerned about what anyone or everyone else is doing, and work out your salvation, utilizing all that Father has made available to you. Fresh bread!

**1Timothy 1:15** This *is* a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to save sinners; of whom I am chief. KJV

It is hard to imagine that the one Father used to pen a large portion of the New Testament would consider himself chief of sinners, isn’t it? Likewise, when we falter, we are also at that moment to feel as Paul describes in the above verse, since one recognizes how great Father’s love and forgiveness is, one can immediately get beyond that feeling. Food for thought!

Monday

**Ephesians 2:4** But God, who is rich in mercy, for his great love wherewith he loved us, **5** Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) KJV

Again, taking the time to comprehend the love that Father has for you, and all that He had done to give you the opportunity to be a part of His family. Do not squander this opportunity. Fresh bread!

**Matthew 6:7** But when ye pray, use not vain repetitions, as the heathen *do*: for they think that they shall be heard for their much speaking. KJV

With so many things in this present world, a great deal of them come prepackaged. This is also true with much of the religious world, they have prescribed prayers for it seems, every situation. One’s prayer should be personal and intimate with our Father and speak from the heart and not some memorized prayer. Food for thought!

Tuesday

**John 10:27** My sheep hear my voice, and I know them, and they follow me: KJV

The sheep of Christ are not those who are included in any eternal decree, to the exclusion of others from the yearnings of the bowels of eternal mercy; but they are those who hear, believe in, follow, and obey the Savior of the world. (Adam Clarke commentary) Fresh bread!

**Psalm 118:22** The stone *which* the builders refused is become the head *stone* of the corner. **23** This is the LORD'S doing; it *is* marvelous in our eyes. KJV

It is amazing to me, how so much of the mystery of the gospel has been hidden within this Psalm. Food for thought!

Wednesday

**Ephesians 3:9** And to make all *men* see what *is* the fellowship of the mystery, which from the beginning of the world hath been hid in God, who created all things by Jesus Christ: KJV

You are able to see Father’s plan of reconciliation, which had been hid from the foundation of the world, and now revealed to you, so you can establish a relationship with the Father, for and by the revelation of the mystery, Father’s plan of reconciliation. Fresh bread!

**Ephesians 1:18** The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, KJV

The eyes of (your) understanding being illuminated to see and understand, all that has been hidden within the Word until the Spirit was sent, to allow us gentiles to have the opportunity, to be adopted in Hid family. This is the inheritance that Paul is describing here. As a part of His family, if we hold fast the profession of faith unto the end. Food for thought!

Thursday

**Ephesians 1:9** Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself: **10** That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; *even* in him: KJV

Mystery, that which has been hidden. One must be mindful of the fact that Father told Abraham that he would make him the father of many nations. This is why we have the ability to become partakers of His divine nature and await our final adoption papers to be notarized when we get home. Fresh bread!

**Ephesians 3:3** How that by revelation he made known unto me the mystery; (as I wrote afore in few words, 4 Whereby, when ye read, ye may understand my knowledge in the mystery of Christ) KJV

The word revealed is what means to uncover the mystery, which we see Paul here open to us who that mystery is, who is Christ. Which is why Paul shared with us that if any person be in Christ, they are indeed a new creation, which starts one on their journey of having Father reveal all that has been afforded to you as a child of God. Food for thought!

Friday

**Romans 16:25** Now to him that is of power to stablish you according to my gospel, and the preaching of Jesus Christ, according to the revelation of the mystery, which was kept secret since the world began, KJV

How amazing is it to think how God has revealed to you, the uncovering of the mystery of the gospel? This had been hid since the foundation of the world, and yet here at this place in time, it is revealed to you, to enable you to safely navigate that strait and narrow path, which leads to Father’s house. Fesh bread!

**2Timothy 1:7** For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. KJV

God has not given you the spirit of fear, but of His power which is the Spirit of Christ within you. Remaining mindful of that which has been given to you, the gift of His Son, Christ. If one remains mindful of this, they will never be lacking. Food for thought!

Saturday

**2Timothy 1:7** For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. KJV

God has not given us the Spirit of fear, but of power, Christ the Son given. And of love, for God so loved the world that He gave us His Son as the sacrifice that was required to pay the price for sin. Fresh bread!

**2Timothy 1:7** For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. KJV

For God has not given us the Spirit of fear, but the gift of His son, Christ the power and wisdom of God. For God so loves the world He gave what was required for reconciliation. If one remains mindful of these two things, one will always have a sound mind with which to refute the attacks of the wicked one. Food for thought!

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