**Food for Thought**

**September 19, 2024 thru December 31, 2024 (Daily)**

**Matthew 16:16** And Simon Peter answered and said, Thou art the Christ, the Son of the living God. **17** And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed *it* unto thee, but my Father which is in heaven. **18** And I say also unto thee, That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it. KJV

 Note how that Peter answers that He is the Christ the Son of the living God. It was not flesh and blood that revealed the answer to Peter, His son the Christ, but rather His Father did. Going from the milk of the Word to the meat of the Word. Food for thought!

**Hebrews 5:12** For when for the time ye ought to be teachers, ye have need that one teach you again which *be* the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat. **13** For every one that useth milk *is* unskilful in the word of righteousness: for he is a babe. **14** But strong meat belongeth to them that are of full age, *even* those who by reason of use have their senses exercised to discern both good and evil. KJV

 One can only grow up into Him in all things, if they have gone from the milk of the Word to the meat of the Word, and that is by learning who one is in Christ. Food for thought!

**2Corinthians 5:16** ¶ Wherefore henceforth know we no man after the flesh: yea, though we have known Christ after the flesh, yet now henceforth know we *him* no more. 1**7** Therefore if any man *be* in Christ, *he is* a new creature: old things are passed away; behold, all things are become new. KJV

 Notice, that it says if any man be in Christ, he is a new creation. And in verse 16 also note, that though we have known Christ after the flesh, know we Him no more. Thus, why He, Jesus of Nazareth, was the first born of many brethren. Are you beginning to see the vital importance of Christ? Food for thought!

**Colossians 2:8** Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ. **9** For in him dwelleth all the fulness of the Godhead bodily. **10** And ye are complete in him, which is the head of all principality and power: KJV

 At times I hear people say that they need more of the Holy Spirit, or that they may be lacking. Note how Paul says here, that in Christ, you are complete in Him. Maybe a bit more time in the Christian operation manual (Bible)? Food for thought!

**Matthew 4:4** But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. KJV

**John 6:34** Then said they unto him, Lord, evermore give us this bread. **35** And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. KJV

 The daily bread that one should be looking to Father for each and every day. The only bread that will sustain one spiritually. Food for thought!

**Galatians 1:16** To reveal his Son in me, that I might preach him among the heathen; immediately I conferred not with flesh and blood: KJV

 Each and every believer, receives a scripture from the Father, that reveals the mystery of the gospel to them and the change that has taken place within one’s heart. That becomes the cornerstone of their walk in the body of Christ. Food for thought!

**Romans 10:17** And this proves that faith comes from a Message heard, and that the Message comes through its having been spoken by Christ. (Weymouth translation)

 There are all kinds of noises in this world that attempt to stop one from hearing the still small voice of God. Food for thought!

**Galatians 1:3** Grace *be* to you and peace from God the Father, and *from* our Lord Jesus Christ, **4** **Who gave himself for our sins, that he might deliver us from this present evil world, according to the will of God** and our Father: KJV

 Many times, I hear people make the comment of wanting to know Gods will for their lives. If one looks closely at verse 4, there is Father’s will for one is hidden in plain sight. Food for thought!

The will of God, Who gave Himself for our sins, and to delivers us from this present evil world. (the love of money is the root of all evil). All too often people try to make it complicated, when after all, it is the simplicity of the gospel of Christ. Food for thought!

**2Corinthians 11:3** But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from **the simplicity that is in Christ**. KJV

**Colossians 1:13** **Who hath delivered us** from the power of darkness, and hath translated *us* into the kingdom of his dear Son: KJV

 Note, He has delivered us. Food for thought!

**Colossians 1:18** And he is the head of the body, the church: who is the beginning, **the firstborn from the dead**; that in all *things* he might have the preeminence. KJV

 He is the head! Not some pope or bishop, or other made-up title. He is the first born from the dead; the first born of all creation. He, Jesus Christ, set the pat for us to follow. Food for thought!

**Colossians 1:18** Moreover, He is the Head of His Body, the Church. He is the Beginning, The Firstborn from among the dead, in order that He Himself may in all things occupy the foremost place. Weymouth translation

 A bit of a clearer translation, emphasizing the path that Jesus Christ set for us to follow. Thus, why it is a strait and narrow path that “few” are able to find. Food for thought!

**Philippians 3:13-14** brethren I imagine that I have not yet laid hold of it. But this one thing I do---forgetting everything that is past and stretching forward to what lies in front of me, with my eyes fixed on the goal push on to secure the prize of God’s heavenward call in Christ Jesus. Weymouth translation.

 With all that transpired in Saul of Tarsus’ life, how difficult do you think it was for Paul to accept Father’s forgiveness? That new creation in Christ, is what it is all about. Can you accept all of that today? Food for thought!

**Romans 8:14** For as many as are led by the Spirit of God, they are the sons of God. KJV

 Who are you following today? Food for thought!

**Romans 8:9** But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his. KJV

 People often argue or debate what they think is essential for entrance into the kingdom of God. Paul is quite explicit here. If any man DOES NOT have the Spirit of Christ, he is none of His. Very plain, very straight forward. Food for thought!

**Romans 8:1** *There is* therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. KJV

It may seem a bit redundant, but it is a very defined strait and narrow path the leads to the kingdom of God, and “few” be there that find it. Food for thought!

We see the Word talk about how strait and narrow the path. We see and hear the Lord talk about the last days, being as the days of Noah, when only 8 listened after 120 years. This gate of the Lord through which the righteous shall enter.

**Ephesians 4:7** But unto every one of us is given grace according to the measure of the gift of Christ. KJV Food for thought!

I hear people so often seeming to think that they need more of the Holy Spirit, or more gifts of the Spirit. Note how Paul states that, the measure, of the gift of Christ. Is Christ divided, NO. Does someone else get more of Christ then you, NO. You have received, the measure of the gift of Christ, what will you do with it? Food for thought!

**Ephesians 4:13** Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: KJV

 How novel, that we could come together in the unity of the faith, to know the Son of God. Paul said earlier in Ephesians that there is One Lord, one faith, and but one baptism, that of the Holy Spirit. As Paul wrote that it is the simplicity of the gospel of Christ. Food for thought!

**Ephesians 4:23** And be renewed in the spirit of your mind; **24** And that ye put on the new man, which after God is created in righteousness and true holiness. KJV

 What were your first thoughts this morning? Did you seek the daily bread Father has for you? He knows what you have need of before you ask. Food for thought!

**Romans 12:3** For I say, through the grace given unto me, to every man that is among you, not to think *of himself* more highly than he ought to think; but to think soberly, according as **God hath dealt to every man the measure of faith.** KJV

 One had been given all that they need to succeed in this life here on earth, it is a matter of whether or not one seeks Father’s council on how to utilize all that has been afforded to them. Food for thought!

**Ephesians 4:13** Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, **unto the measure of the stature of the fulness of Christ.** KJV

 Arriving at the revealed knowledge of the mystery of the gospel, which is Christ in you. A matter of utilizing all that one has been given. Food for thought!

**Romans 10:17** And this proves that faith comes from a Message heard, and that the Message comes through its having been spoken by Christ. (Weymouth translation)

 Read to hear! All too often, one reads to read, but not to hear. Thus, why in Romans 10 verse 17 Paul alludes to hearing and then getting the flesh out of the way and hearing what Christ has spoken to you. Food for thought!

**Mark 4:11** And he said unto them, **Unto you it is given to know the mystery of the kingdom of God: but unto them that are without, all *these* things are done in parables**: **12** That seeing they may see, and not perceive; and hearing they may hear, and not understand; lest at any time they should be converted, and *their* sins should be forgiven them. KJV

 It is given to know the mystery of the kingdom of God. How often do we see people so puzzled by the parables, which can only be understood by knowing the mystery? As one seeks the Lord, the scriptures will keep opening up to the believer. Studying for His approval. Food for thought!

**Galatians 3:26** For ye are all the children of God by faith in Christ Jesus. **27** For as many of you as have been baptized into Christ have put on Christ. KJV

 It is when one is in Christ Jesus, their eyes of understanding to see that which is hidden in the Bible by the veil of the flesh starts to become clearer. Thus, why we are to search the scriptures, so it can be revealed to one more and more of who we are in Christ, and what is in the Lord and in the power of His might which is His is available to each and every believer. Food for thought!

**Ephesians 6 10-11** In conclusion, strengthen yourselves in the Lord and in the power which His supreme might imparts. Put on the complete armour of God, so as to be able to stand firm against all of the stratagems of the devil. (Weymouth translation)

 All too often, believers are not aware of that which Father has made available to them, the believer, those who are in Christ Jesus. In these next few verses, Paul is now going encapsulate and show one exactly who they are in Christ, and all that does entail. When you were born again, and became that new creation in Christ, did you receive a part of Christ, or all of Him? Food for thought!

**Ephesians 6:12** For ours is not a conflict with mere flesh and blood, but with despotisms’, the empires, the forces evil control and govern this dark world, the spiritual hosts of evil arrayed against us in the heavenly warfare. (Weymouth translation)

 One may think that our battle is in the lower nature, or the flesh. However, truth be told, the battle is in the heart and mind to see who will control it.

 There is no doubt, but it refers to those revolted spirits who are continually employed in propagating wickedness. (Coke’s Bible commentary)

 **Ephesians 6:13** So you must take on God’s full armor, so as to be able to take a stand in the day when evil attacks you, and, after having completely finish the contest, to hold your own. (Williams’ NT translation)

 When one is thick in the battle, one often forgets that God has already secured the victory by and through Christ Jesus. Note that it says God’s full armor. Trusting in Him! Food for thought!

**Ephesians 6:13** ***So you must take on God’s full armor,*** so as to be able to take a stand in the day when evil attacks you, and, after having completely finish the contest, to hold your own. (Williams’ NT translation)

 One must put on, singular, the full armor of God. Did you accept all of Christ or part of Christ? Remember, the measure, of the gift, Christ. Christ is not divided. Father did not play favorites. Food for thought!

**Ephesians 6:14** Stand therefore, having your loins girt about with truth, KJV

 Note, the first piece of armor is the girdle of truth. His Word is truth. The truth establishes everything in your walk with God. So, one has to be established in and on the sure foundation. Without faith, it is impossible to please Him! Food for thought!

**Ephesians 6:14** Stand therefore, having your loins girt about with truth, KJV

**John 17:17** Sanctify them through thy truth: thy word is truth. KJV

 We sometimes forget that His Word is truth.

**John 1:1** In the beginning was the Word, and the Word was with God, and the Word was God. KJV

 Let God be true and every man a liar. Holding fast our profession of faith without wavering. We are only on the girdle of truth and look at all of the scriptures that have tied together with it. Only a sure foundation will stand, when the enemy comes seeking. Food for thought!

**Ephesians 6:14** and having on the breastplate of righteousness; KJV

 The breastplate of righteousness is secured by the girdle of truth. One has to remember where that righteousness comes from.

**1Corinthians 1:30** But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption: KJV Food for thought!

**Ephesians 6:15** And your feet shod with the preparation of the gospel of peace; KJV

 And your feet shod with the preparation of the gospel of peace. People often fail to hear and see what is written here. Your feet shod, in being prepared. One of the most important aspects of being a soldier in a war is making sure that their feet are adequately attended to. If the feet become useless, so does that soldier become the same. One must always be prepared. Food for thought!

**Ephesians 6:15** And your feet shod with the preparation of the gospel of peace; KJV

 Your feet shod! Not anyone or everyone else. As one grows in their confidence in their conversations with Father, they will note that few are traveling that path. But stay the course and continue to listen to Father. Food for thought!

**Ephesians 6:15** And your feet shod with the preparation of the gospel of peace; KJV

 *Your feet shod - The κνημιδες , or greaves, have been already described; they were deemed of essential importance in the ancient armor; if the feet or legs are materially wounded, a man can neither stand to resist his foe, pursue him if vanquished, nor flee from him should he have the worst of the fight.*

 *That the apostle has obedience to the Gospel in general in view, there can be no doubt; but he appears to have more than this, a readiness to publish the Gospel: for, How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth Peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth* (Adam Clarke commentary) Food for thought!

**Ephesians 6:16** Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. KJV

 Taking the message once delivered by Christ, and utilizing it your daily life, every moment of every day His Word to be first and foremost. Yet often times people never turn to it (the Word) until problems arise, and then “hope” that it works. Why not go to the problem Solver first? Food for thought!

**Ephesians 6:16** Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. KJV

 Without faith, it is impossible to please Him.

**Hebrews 11:6** But without faith *it is* impossible to please *him*: for he that cometh to God must believe that he is, and *that* he is a rewarder of them that diligently seek him. KJV

 It is essential for one to be always listening for Father’s counsel, so that He illuminates each and every step that one takes on the strait and narrow path. Food for thought!

Today, this day, is the day that Lord has made, and I shall rejoice and be glad in it! It is now faith! It is the shield of faith that can extinguish All of the fiery darts of the wicked.Food for thought!

**Hebrews 11:1** Now faith Is a well-grounded assurance of that for which we hope, and a conviction of the reality of things we do not see. (Weymouth translation)

 Once the believer understands the truth of God’s Word, and how His righteousness is what covers one’s heart, one then begins to see how all things are by God, and the reality of watching His Word come to pass, it enables them to trust more in Father’s promises. Food for thought!

**Ephesians 6:17** And take the helmet of salvation, KJV

**Ephesians 4:23** And be renewed in the spirit of your mind;**24** And that ye put on the new man, which after God is created in righteousness and true holiness. KJV

 The defender who encircles the head. Keeping one’s mind renewed by staying in the Word of God. How much renewed the spirit of your mind today in God’s Word today? Food for thought!

**Ephesians 6:17** And take the helmet of salvation, and the sword of the Spirit, which is the word of God: KJV

 Note, that everything that is brought up here in what may people refer to as the armor of God, are all of the attributes of Christ. We became a new creation in Him.

**Colossians 2:9** For in him dwelleth all the fulness of the Godhead bodily. **10** And ye are complete in him, which is the head of all principality and power KJV Food for thought!

**Ephesians 6:18** Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; KJV

 Many people, when reading here, quit after verse 17. Yet as we see here that as one begins to realize who they are in Christ, that there is a responsibility that goes with this. Holding up the body of Christ in prayer. Food for thought!

**Ephesians 6:19** And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel, KJV

 Being that example of the believer in word, and conduct and conversation, now that one has began to see who they are in Christ. Continuing to grow up into Him in all things. Food for thought!

**Matthew 13:45** Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls: **46** Who, when he had found one pearl of great price, went and sold all that he had, and bought it. KJV

 The pearl of great price, which is Christ in you, the hope of glory. The mystery of how one is adopted into Father’s family by the price that Jesus Christ paid at the cross and the grave. This is food for thought!

**Matthew 13:45** Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls: **46** Who, when he had found one pearl of great price, went and sold all that he had, and bought it. KJV

 Unto you it is given to know the mystery of the Kingdom of God. What is it there that can be greater than this insight? Thus, the pearl of great price. We will be out of the office for much of tomorrow, so we will get one out if we have the time. Food for thought!

We had a very blessed day away from the office. After returning, we received a few prayer requests. Brad for a hurt knee. Thanks, and have a very blessed evening in Christ.

**Hebrews 11:.1** Now faith is the substance of things hoped for, the evidence of things not seen. KJV

 Now faith, today faith. Tomorrow is not yet here and yesterday is past and nothing can be done to change that. Will you be in agreement with God and His Word today? Food for thought!

**Hebrews 11:1** Now faith is a well-grounded assurance of that for which we hope, and a conviction of the reality of things which we do not see, (Weymouth translation)

 One studies to show themselves approved unto God. As one learns to hear the Father’s voice, there is an assurance within the heart that gives one the confidence to know that which Father’s has spoken, shall come to pass. Food for thought!

**2Timothy 2:15** Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth. KJV

 One’s relationship with God is what should be the priority in one’s life. What were your first thoughts when you awoke today? Food for thought!

**Hebrews 11:6** But without faith *it is* impossible to please *him*: for he that cometh to God must believe that he is, and *that* he is a rewarder of them that diligently seek him. KJV

 Without hearing God, you are not able to hear that which He is asking of you. Thus, why Paul said in Romans 10, that faith is developed by our listening to the message once delivered by Christ. How attentively are you listening today? Food for thought!

**Romans 10:17** And this proves that faith comes from a Message heard, and that the Message comes through its having been spoken by Christ. (Weymouth translation)

 Often times we forget the simplest of things necessary for our walk with Him. Little reminders can help make the Word more alive to one. Food for thought!

**Romans 1:16** For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. **17** For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith. KJV

 The just shall live by faith. The just live by hearing the voice of God, and applying that which they hear, to their daily walk in now faith. Food for thought!

**Matthew 4:4** But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. KJV

 The Word of God is what should be the most important thing to one each day. Thus, we can see why hearing is so vital in our walk and relationship with God. Food for thought!

We will be out of town for a few days, will try to get one out for tomorrow. Have a very blessed day in Christ.

**Psalm 118:24** This *is* the day *which* the LORD hath made; we will rejoice and be glad in it. KJV

 It is the day which the Lord has made, and we should be joyful. And evening is here, and now you can rest in Him. Food for thought!

**John 3:18** He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. KJV

 The difference between the child born, and the Son given. Knowing who you are in Christ. Food for thought!

**Romans 8:1** *There is* therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. KJV

 Learning to walk in faith, which is walking after Spirit, and not the flesh. Always a person’s choice which they choose to walk. Food for thought!

 **Romans 8:6** For to be carnally minded *is* death; but to be spiritually minded *is* life and peace KJV

 The importance of why one should be keeping their heart and mind renewed in the Word each and every moment of each and every day. Food for thought!

**Romans 8:11** But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. KJV

 Knowing who we are in Christ, so as Jesus said, to come and follow Him. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things. KJV

 Think on whatsoever things are true: not concealing. The mystery of the gospel, Christ in you the hope of glory. What a marvelous thing to think about. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, **think on these things**. KJV

 Whatsoever things *are* honest, or honorable, these are things we should be thinking on. Keeping a mind that is renewed in and on those things that please Father. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, KJV

 **Think on these things**. Just; that which is honest or innocent. In today’s world with so many things going on around a person, it is easy to get sucked into the garbage of this world. Thus, why Paul is giving us solid counsel of what one should be keeping first and foremost in their heart and mind. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, KJV

 Think on things that are pure: innocent, perfect. Just as with the armor of God, are you noticing that all of these things Paul is directing one to, are the attributes of Christ? Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, KJV

 Lovely: acceptable, worthy of love. In the world there is tribulation, and thus why one has to keep their mind renewed in and on the Word of God. Maintaining one’s focus on that strait and narrow path. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; KJV

 Good report: well spoken of, reputable. Paul shared with us that one should be an example of the believer, in what they speak, in their everyday conduct, so that in nothing the ministry should be blamed. How steady is your walk today? Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, KJV

 Virtue: Strength; that substance or quality of physical bodies, by which they act and produce effects on other bodies. (Webster’s 1828 dictionary) Jesus Christ set the example that others could follow, yet how many did? Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise KJV

 I think Christian’s can often times be heard grumbling, more than they can be heard praising. Why is this, do you think? What is more precious than one’s salvation? We are a society of instant gratification; people seldom know how to be patient anymore. Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things. KJV

 In Psalms, one can find at times the word selah at the end of some of them. It means to pause or think about that. We as believers need to slow down a bit, to think a bit more about what Father may be trying to show us in a verse or passage. Let him who has ears to hear, hear! Food for thought!

**Proverbs 2:10** When wisdom entereth into thine heart, and knowledge is pleasant unto thy soul; **11** Discretion shall preserve thee, understanding shall keep thee: KJV

 Over the past few days, we have been looking at Paul’s encouragement to the people of Philippi. In this letter, one of encouragement for them to continue their walk on that strait and narrow path. Always a matter of hearing Father’s counsel and then allowing it to become a part of your being. Food for thought!

**Proverbs 2:10** When wisdom entereth into thine heart, and knowledge is pleasant unto thy soul; **11** Discretion shall preserve thee, understanding shall keep thee: KJV

 Another way of reading Proverbs verses 10 & 11 is as follows: When wisdom entereth into thine heart...Discretion shall preserve thee, and knowledge is pleasant unto thy soul; understanding shall keep thee: Food for thought!

**Psalm 119:103** How sweet are thy words unto my taste! *yea, sweeter* than honey to my mouth! **104** Through thy precepts I get understanding: therefore I hate every false way. **105** NUN. Thy word *is* a lamp unto my feet, and a light unto my path. KJV

 In our walk with Him, His words should be sweet and easy to be entreated. By clearly hearing Father’s counsel, each and every step one takes can be illuminated by that which one has heard. Food for thought!

We will be out of town tomorrow and possibly Sunday as well, so we will have Food for thought again on Monday.

**John 5:39** Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me. **40** And ye will not come to me, that ye might have life. KJV

 If one does not know who Jesus Christ is, how can they expect to have eternal life? It is the living word of God that has and gives life.

**2Corinthians 3:6** Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life. KJV Food for thought!

**Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things. KJV

 Now when one hears this verse, it should give the believer a better idea of things that they can think in and on each and every day. This will assist one in being that example of the believer. Food for thought!

**Colossians 3:1** If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. **2** Set your affection on things above, not on things on the earth. KJV

 It can be so easy to allow one’s lower nature to pull one into earthly conflicts. Even Paul said that he was in a constant battle to keep his lower nature in subjection to the Spirit of Christ.

 Thus, the importance of keeping one’s mind renewed in and by the Spirit of Christ. Food for thought!

**1Corinthians 9:27** But I keep under my body, and bring *it* into subjection: lest that by any means, when I have preached to others, I myself should be a castaway. KJV

 Learning to put the Word first and foremost in one’s life. Yet, with everything in today’s world that is constantly pulling at one’s spiritual walk, in an attempt to bring one back into the earthly realm. Food for thought!

**Psalms 1:1** Blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. **2** But his delight *is* in the law of the LORD; and in his law doth he meditate day and night. KJV

 The law of faith! This is where our heart and mind should be at all times (Romans 3:27). His word should be what is on our heart and mind each and every minute of every day. The devil will throw anything and everything at one, to get their mind to be everywhere else, but in and on the Word. Food for thought!

**2 Corinthians 5:7** for we are living a life of faith, and not one of sight. (Weymouth translation)

**2Corinthians 5:7** for here I live by what I believe, and not by what I see. (Williams NT translation)

 The steps of a good man are ordered of the Lord. His Word is a lamp unto one’s feet, and a light unto one’s path. The devil has many detours, so it is vital one remains on that strait and narrow path. Food for thought!

**2Corinthians 5:10** For we must all of us appear before Christ’s judgement-seat in our true characters, in order that each may then receive an award for his actions in this life, in accordance with what he has done, whether it be good or whether it be worthless. (Weymouth translation)

 If one is not sure from whom they have received their instructions, how can they be confident in that which they have acted on? It goes back to Romans where Paul counsels us to only believe that Message once delivered by Christ! Food for thought!

We will be out of the office again tomorrow. Stay in the Word, and put your trust in Him, and have a very blessed evening in Christ.

**Isaiah 26:2** Open ye the gates, that the righteous nation which keepeth the truth may enter in. **3** Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee*: because he trusteth in thee. KJV

 Knowing in whom our righteousness is obtained through and by; is that which allows one to have their mind being confident in their walk with Him. Food for thought!

O see what the Lord has for us.

 All too often, we get a pencil neck twisting and turning all directions, to see what the Lord has for us. If the Lord says He will do something for us, are we patient enough to wait for the manifestation of that which the Lord promised? Does one recall that the Lord counseled us that those who are looking to the rear may have problems gaining entrance into His kingdom.

**Luke 9:62** And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God. KJV

**Proverbs 24:16** For a just *man* falleth seven times, and riseth up again: but the wicked shall fall into mischief. KJV KJV

 We all sin and fall short of the glory of God, however, in Him one always has forgiveness. It does not matter how grievous the fall; Father is there with His love and forgiveness. Faith is! Food for thought!

**1John 1:9** If we confess our sins, he is faithful and just to forgive us *our* sins, and to cleanse us from all unrighteousness. KJV

 It is not how many times one falls or fails, as Father cannot remember what we have asked forgiveness for. It is building our working knowledge of and in the Word that allows one to recognize how great Father’s love is. Food for thought!

**1John 1:3** That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship *is* with the Father, and with his Son Jesus Christ. KJV

 Knowing who we are in Christ (that new creation) is what John is clearly portraying to us here. Knowing that you are indeed a part of Father’s family through Christ Jesus, thus you have fellowship with Him. Food for thought!

**John 14:20** At that day ye shall know that I *am* in my Father, and ye in me, and I in you. **21** He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him. KJV

 The more one can see and understand who they are in Christ, the more their confidence will grow in that relationship with Him. Food for thought!

**John 14:20** At that day ye shall know that I *am* in my Father, and ye in me, and I in you. **21** He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him. KJV

 **that I am in my Father**; in his bosom, in union with him, partaker of the same nature, perfections, and glory with him, and equal to him: and **you in me**: that they were in union with him as the branches in the vine, and as the members are in the head, and how they were loved in him, chosen in him, righteous in him, risen with him, and made to sit together in heavenly places in him: (John Gill commentary). Food for thought!

**John 14:20** At that day ye shall know that I *am* in my Father, and ye in me, and I in you. **21** He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him. KJV

 That I am in my Father - After my resurrection, ye shall be more fully convinced of this important truth, that I and the Father are One; for I will live in you by the energy of my Spirit, and ye shall live in me by faith, love, and obedience. (Adam Clarke commentary) Food for thought!

**Matthew 6:11** Give us this day our daily bread. KJV

 Ever remember walking into the kitchen when you were young and mom would be making fresh bread, and the aroma filled your nostrils and immediately your mouth started watering? Well, what about that which Father has especially prepared for you each day, your daily bread? Do you anticipate that as much? Food for thought!

We will be traveling for the next few days, so we will get out a message whenever we have an opportunity. Have a very blessed day in Christ.

 **John 4:32** But he said unto them, I have meat to eat that ye know not of. KJV

 With Father, there is never a problem with being concerned if the food is tainted or otherwise, only good, and perfect gifts come from Father. Food for thought!

**John 10:27** My sheep hear my voice, and I know them, and they follow me: KJV

**Romans 10:17** And this proves that faith comes from a Message heard, and that the Message comes through its having been spoken by Christ. (Weymouth translation)

 His Sheep hear what Christ delivered to those who made the decision to ***hear*** and follow Him.

**John 14:6** Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. KJV

 He is the way, that strait and narrow path and gate which only the righteousness shall enter. This is established in and on the Word of God. If one does not know the truth of God’s Word, and who His Son Christ Jesus is, they will have no way to the Father. Food for thought!

**John 14:6** Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. KJV

 One seldom stops to hear the deep implications of this verse. This gate of the Lord through which the righteous shall enter. There are many ways proposed to be the right way by many different people. Yet only His Word is truth! Thus, why He is the first born of many brethren. His way is the way established through the mystery of the gospel, by making a way for the gentiles to be a part of His kingdom and family. Food for thought!

**2Corinthians 3:16** Nevertheless when it shall turn to the Lord, the vail shall be taken away. **17** Now the Lord is that Spirit: and where the Spirit of the Lord *is*, there *is* liberty. KJV

 How often does one take for granted the liberty that they have received in the Lord? Once the vail has been done away, one is able to now see all that has been made available to them as a new creation in Christ. Food for thought!

**Isaiah 6:8** Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us? Then said I, Here *am* I; send me. KJV

 In our life on this earth, there are a few people that answer the call of their country to insure and maintain the liberties that they have. As believers, we too can stand in the gap and pray for those who God puts on one’s heart. Food for thought!

**Psalm 113:3** From the rising of the sun unto the going down of the same the LORD'S name *is* to be praised. **4** The LORD *is* high above all nations, *and* his glory above the heavens. KJV

 Do you maintain an attitude of gratitude throughout the day? Food for thought!

**Ephesians 2:8** For by grace are ye saved through faith; and that not of yourselves: *it is* the gift of God: **9** Not of works, lest any man should boast. KJV

 Sometimes one forgets how precious of a gift they have been given. Today, recognize where God has brought you from, and too. Food for thought!

There is a song out now on the radio, that Is called “The truth” by Megan Woods. One of the verses she sings, it says that she knows who she is, because knows who You (God) are. Think about that for a bit, it is because we know who Christ Jesus is, thus we have access to the Father. What a wonderful privilege we have found. Food for thought!

**Galatians 2:6** But of these who seemed to be somewhat, (whatsoever they were, it maketh no matter to me: God accepteth no man's person:) for they who seemed *to be somewhat* in conference added nothing to me: KJV

 Often times people think of themselves at the bottom of the totem pole so to speak. One must remember that God works with each of where we are at in our walk with Him, not where “other” people think we should be at. As Paul said, being confident in this work He has begun in you. Fresh bread!

**2Timothy 2:15** Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth. KJV

 As we touched on last night about where each person is in their walk with God. It is determined on how well one learns to hear and obey Father, and not what others may think, each member of the body of Christ is unique! Fresh bread!

**2Timothy 2:15** Earnestly seek to commend yourself to God as a servant who, because of his straightforward dealing with the Word of truth, has no reason to feel any shame. (Weymouth translation)

 **Study to show thyself approved unto God, …** The Alexandrian copy reads, "to Christ”; (John Gill commentary)

 Often times people take to lightly that which they have obtained through the sacrifice Christ Jesus made in our behalf. If one was always mindful of this, their conversations would be drastically different. Fresh bread!

**2Timothy 2:15** Earnestly seek to commend yourself to God as a servant who, because of his straightforward dealing with the Word of truth, has no reason to feel any shame. (Weymouth translation)

 Straight forward dealing with the truth of God’s Word. It is one thing for one “to think” they know what God is asking, and quite another to “know” what God is asking of you. Fresh bread!

**2Timothy 2:15** Study to shew thyself approved unto God, a workman that needeth not to be ashamed, ***rightly dividing the word of truth***. KJV

 It is His Spirit that leads one and guides one into all truth. Too often people place the revelation factor onto people, rather than recognizing it is His Spirit alone that can open the revelation of a scripture to a person. Fresh bread!

**Hebrews 4:16** Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. KJV

 There is no problem big or small, that Father is not wanting us to share with Him, so that we may be given the solution. Fresh bread!

**James 4:3** Ye ask, and receive not, because ye ask amiss, that ye may consume *it* upon your lusts. KJV

 Being sure that one has the proper motivation when talking with Father. Food for thought!

So, you awoke this morning, what was the first thing that was on your mind? For me, it was that I must be about that which Father asks me to do. 2Tim 2:15 Food for thought!

**Philippians 3:14** I press toward the mark for the prize of the high calling of God in Christ Jesus. KJV

**Philippians 3:14** I am pressing onward toward the goal, to win the prize to which God through Jesus Christ is calling us upward. 15 So let us all who are mature have this attitude. (Williams NT translation)

 Sometimes the scriptures need no commentary. Food for thought!

**Colossians 3:1** If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. **2** Set your affection on things above, not on things on the earth. KJV

 The realization of who we are in Him, and where we are as well. Fresh bread!

**2Corinthians 5:7** (For we walk by faith, not by sight:) KJV

 Remaining independent of the external circumstances. Food for thought!

**2Corinthians 4:18** While we look not at the things which are seen, but at the things which are not seen: for the things which are seen *are* temporal; but the things which are not seen *are* eternal. KJV

 Recognizing that we are now risen with Him if one walks in the Spirit. Food for thought!

**Galatians 5:16** *This* I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. **17** For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. KJV

 Allowing His Word to illuminate the strait and narrow path that one needs to navigate through this present evil world. Fresh bread!

**Ephesians 1:18** The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, KJV

 It is only when one’s understanding has been enlightened by the truth of His Word, that one is able to clearly see the path that they should travel on! Fresh bread!

**Romans 12:2** And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God. KJV

 Meditate in the Word day and night. Fresh bread!

**James 1:17** Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning. KJV

 One needs to be aware of all that Father has blessed them with. In all things, thanks for all of that which Father has provided for you! Food for thought!

**Romans 12:2**, Stop living in accordance with the customs of this world, but by the new ideals that mold your minds continue to transform yourselves, so as to find and follow God’s will; that is, what is good, well pleasing to Him, and perfect. (William’s NT translation)

 Living in Christ is a set of new ideals, as we had established a lot of bad muscle memory in one’s life in years of living in the fleshly realm. That is why one has to allow themselves to live and abide in this new way of living and thinking. Fresh bread!

**2Corinthians 5:17** Therefore if any man *be* in Christ, *he is* a new creature: old things are passed away; behold, all things are become new. KJV

 The new man needs new food, and that is not found in the pantry. It is all in the continual discovery of who one is in Christ. Fresh bread!

**John 8:31** Then said Jesus to those Jews which believed on him, If ye continue in my word, *then* are ye my disciples indeed; **32** And ye shall know the truth, and the truth shall make you free. KJV

 Continue in the Word, so learning all the attributes Christ Jesus has afforded to you. Food for thought!

**Colossians 1:23** If ye continue in the faith grounded and settled, and *be* not moved away from the hope of the gospel, which ye have heard, *and* which was preached to every creature which is under heaven; whereof I Paul am made a minister; KJV

 Many people establish routines for each day. One of which is making time for meals in order to sustain their physical bodies. One must do this also with spiritual aspect of life, in making sure the new one in Christ must have to continue to grow up into Him in all things. Food for thought!

**1Timothy 4:16** Take heed unto thyself, and unto the doctrine; continue in them: for in doing this thou shalt both save thyself, and them that hear thee. KJV

 People all of the time share recipes which one found to be very tasteful and nurturing. The same is true and vital in the spiritual realm, as one learns more and more of who they are in Christ. Fresh bread!

A month or so back, I heard a song that was scripturally correct. It is a song by Megan Woods. One of the verses of the song says, “I know who I am, because I know who You are.” The more one knows of who they are in Christ, the more confidence one has of their relationship with Father through Jesus Christ. What a wonderful thought to start the day with. Fresh bread!

**Colossians 3:10** And have put on the new *man*, which is renewed in knowledge after the image of him that created him: KJV

 So, it is about time to get some rest for the evening, and what is occupying your mind? Have your mind filled with verses that remind you of your new life in Christ. Food for thought!

**2Peter 1:19** and in the written Word of prophecy we have something more permanent; to which you do well to pay attention—as to a lamp shining in a dimly-lighted place-until day dawns and the morning star arises in your hearts. (Weymouth translation)

 A new day, and a fresh start. Put His Word as the foremost thing in your heart as you start this day. Now faith is! Fresh bread!

**2Corinthians 2:14** Now thanks *be* unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place. KJV

 No matter how rough the day may have seemed, one must hold fast to the verse above. Food for thought!

**Psalm 37:23** The steps of a *good* man are ordered by the LORD: and he delighteth in his give thanks unto God at all times and in all places. KJV

 It is the start of a new day. Have you paused and listened enough to hear where your steps should take you this day? Fresh bread!

**Ephesians 4:23** And be renewed in the spirit of your mind; KJV

 How much effort does it take to spend a little time with the Lord each evening before resting the carnal man? Going to sleep with visions of scripture verses dancing through your mind. Food for thought!

**Galatians 5:1** Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage. KJV

 A new day, a fresh start. Step out with His Word illuminating your every step. Fresh bread!

**2Corinthians 2:14** Now thanks *be* unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place. KJV

 With so many different holidays and gimmicks, one must always remain thankful each and every day, not just once a year. Food for thought!

**1Corinthians 15:57** But thanks *be* to God, which giveth us the victory through our Lord Jesus Christ. KJV

 Have a very blessed day in Christ Jesus.

**1Thessalonians 5:17** Pray without ceasing. **18** In every thing give thanks: for this is the will of God in Christ Jesus concerning you. KJV

 In every thing give thanks; if tough times, thanking Him that He has made a way of escape; in good times, acknowledging all of the blessings He has bestowed upon you. Food for thought!

**John 10:3** To him the porter openeth; and the sheep hear his voice: and he calleth his own sheep by name, and leadeth them out. **4** And when he putteth forth his own sheep, he goeth before them, and the sheep follow him: for they know his voice. KJV

 In today’s world, there are all kinds of advertisements for hearing aids. In the spiritual realm, one needs the Spirit of Christ in order to be able to hear that which is vital for life. Fresh bread!

**Romans 10:17** So then faith *cometh* by hearing, and hearing by the word of God. **18** But I say, Have they not heard? Yes verily, their sound went into all the earth, and their words unto the ends of the world. KJV

 It is a hearing thing. Many are called, but few make the final cut. Food for thought!

Is today your day for an adventure in the Word? That takes one taking the time to stop everything else and make the time to hear Him. Fresh bread!

Have a very blessed evening Christ and rest well in Him.

**Colossians 1:13** Who hath delivered us from the power of darkness, and hath translated *us* into the kingdom of his dear Son: **14** In whom we have redemption through his blood, *even* the forgiveness of sin. **15** Who is the image of the invisible God, the firstborn of every creature. KJV

 One can read the words, one can believe it for others, but yet, have a hard time to believe it for oneself. One must be mindful that all of the promises of God are yea and amen. Fresh bread!

**Isaiah 43:25** I, *even* I, *am* he that blotteth out thy transgressions for mine own sake, and will not remember thy sins. KJV

 Father’s forgiveness is total and complete. Food for thought!

**John 3:16** For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. KJV

 One of the most difficult things for the believer to comprehend, is how great our Father’s love for us is. Fresh bread!

**Matthew 5:16** Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven KJV

 How illuminating has your walk been today, that others may see? Food for thought!

**2Corinthians 4:4** In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them. KJV

 As an ambassador for Christ, one should be setting the example of who it is that you represent. Fresh bread!

**Psalm 107:20** He sent his word, and healed them, and delivered *them* from their destructions. KJV

 We all have been sick at one time or another and needed some medicine to bring about the healing. So, did you take the time to pray, and thank God for His Word, and the way that He wanted to bring about healing? If you have a headache, and take some aspirin to help the healing, do you thank God for the way He is bringing about the healing? Food for thought!

**Matthew 18:3** And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. **4** Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven. KJV

 Coming to the Lord, willing to learn that which He has for us, rather than what the world has tried to teach us. Fresh bread!

**Matthew 18:6** But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and *that* he were drowned in the depth of the sea. KJV

 It is the truth that sets us free, not traditions or doctrines of men. Knowing what you speak to anyone is the truth according to His Word. Food for thought!

**2Timothy 2:15** Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth. **16** But shun profane *and* vain babblings: for they will increase unto more ungodliness. KJV

 Coming to Him as a child, wanting to learn, so that one is able to rightly divide the word of truth. Fresh bread!

**Ecclesiastes 12:10** The preacher sought to find out acceptable words: and *that which was* written *was* upright, *even* words of truth. **11** The words of the wise *are* as goads, and as nails fastened *by* the masters of assemblies, *which* are given from One shepherd. **12** And further, by these, my son, be admonished: of making many books *there is* no end; and much study *is* a weariness of the flesh. KJV

 In today’s world, with so many things to occupy one’s mind and time, His Word often gets neglected. How much time have you spent with Father today? Food for thought!

**Philippians 4:13** I can do ALL things through Christ which strengtheneth me. KJV

 We often do not hear what we read. You can do ALL things through Christ who is YOUR strength. Fresh bread!

**2Timothy 1:7** For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. KJV

 The gift given to us, the power of God is Christ; the love of God is Christ sent forth, and being mindful of these, produces a mind that will not waver. Food for thought!

**1John 4:18** There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. KJV

 The love of God eliminates the unknown. Christ rose victoriously over the fear of sin and death. Are you risen with Him? Food for thought!

**Ephesians 4:15** But speaking the truth in love, may grow up into him in all things, which is the head, *even* Christ: KJV

 Growing up into Him in all things. If one is not fed properly with the truth (His Word), how can one grow? Food for thought!

**1John 3:18** My little children, let us not love in word, neither in tongue; but in deed and in truth. KJV

 Let it be the love of God that shines forth in all manner of your life this day. Fresh bread!

**Romans 15:7-8** Wherefore receive ye one another, as Christ also received us to the glory of God. 8 Now I say that Jesus Christ was a minister of the circumcision for the truth of God, to confirm the promises made unto the fathers: KJV

 In order for you to provide sustenance for someone else, you first have to receive some for yourself. If all you have received is milk, then that is all that you will be able to provide for others.

 We are supposed to have received Christ into our hearts and lives, but did you receive all of Him, or just a part of Him? The answer is that we received all of Him, but now it is up to us, the individual, to learn from Him how to utilize all that one had received with and from “the gift.” It is as one learns and grows in who they are in Christ, that they are then able to be able to provide more for those that ask a reason of the hope within them. How well stocked is your spiritual cupboard? Food for thought! We will be out of the office tomorrow.

**John 14:26** But the Comforter, *which is* the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. KJV

 As we saw on Sunday evenings Food for thought, that one must be sure that their spiritual life cupboard or pantry is amply stocked, by their learning more and more of who they are in Him. As we are faithful to carry out our part, He is well able to fulfill His part and never leave you lacking. Fresh bread!

**Matthew 6:33-34** But seek (aim at and strive after) first of all His kingdom and His righteousness (His way of doing and being right), and then all these things taken together will be given you besides. 34 So do not worry or be anxious about tomorrow, for tomorrow will have worries and anxieties of its own. Sufficient for each day is its own trouble. AMP

 Yet, how many things are there that can affect one’s vision during a day? So, one can see then that one must do that which is necessary and essential for one to keep a clear focus and view on their walk with Father (that strait and narrow path). Not allowing anything or anyone to affect their aim, their vision of where they are going, and what they must do this day, to remain pleasing to Father. Food for thought!

**John 15:2** Every branch in me that beareth not fruit he taketh away: and every *branch* that beareth fruit, he purgeth it, that it may bring forth more fruit. **3** Now ye are clean through the word which I have spoken unto you. KJV

 **And every branch that beareth fruit, he purgeth it, that it may bring forth more fruit.**  These are the other sort of branches, “who are truly and savingly in Christ”; such as are rooted in him; to whom he is the green fir tree, from whom all their fruit is found; who are filled by him with all the fruits of his Spirit, grace, and righteousness. These are purged or pruned, chiefly by afflictions and temptations, which are as needful for their growth and fruitfulness, as the pruning and cutting of the vines are for theirs; and though these are sometimes sharp, and never joyous, but grievous, yet they are attended with the peaceable fruits of righteousness, and so the end of bringing forth more fruit is answered; (John Gill commentary) Fresh bread!

He is the Vine; we are the branches. He is the One who supplies us all that we have need of. Without Him, we can do nothing. So, this evening be ever mindful of who is your Source. Food for thought!

**John 1:17** For the law was given by Moses, *but* grace and truth came by Jesus Christ. KJV

 There is but one way to the Father, and that is by the grace and truth of Jesus Christ. Imposters not allowed. Fresh bread!

He, Christ Jesus is the way, (that strait and narrow path, established by the truth of God’s Word (which illuminates one’s next step) which leads to the new life in Christ. Stay focused on this. Food for thought!

**2Timothy 3:12** Yea, and all that will live godly in Christ Jesus shall suffer persecution. KJV

 Serving Him, Jesus Christ, will never win you a popularity contest. Thus, why it is such that few be there that travel that way. That narrow path that leads to Father’s house, and few be there that travel it. Fresh bread!

**Romans 8:8-9**, the people who live on the plane of the lower nature cannot please God. 9. But, you are not living on the plane of the lower nature, but on the spiritual plane, if the Spirit of God has His home within you. Unless a man has the Spirit of Christ, he does not belong to Him. (William’s NT)

 Often time man tries to complicate man’s relationship with God. Paul tells us that it is the simplicity of the Gospel of Christ. If we have the Spirit of Christ within us, then it is a matter of making sure our spirit gets adequate substance each day. Food for thought!

Each and every day can be an adventure in the Word, if one makes the time to spend in the Word for a sumptuous feast. Fresh bread!

**1Peter 5:7** Casting all your care upon him; for he careth for you. KJV

1 Peter 5:7, Throw the whole of your anxiety upon Him, because He Himself cares for you. Weymouth NT

 Like Weymouth says, throw the whole of your anxiety upon the Lord, as He is much more qualified to handle the problems you face then you are. Food for thought!

**Micah 7:19** He will turn aga in, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea. KJV

 **and thou wilt cast all their sins into the depths of the sea**; never to be seen any more; though they are seen with the eye of omniscience, and taken notice of by the eye of providence, yet not beheld with the eye of avenging justice, that being satisfied by Christ; besides, all the sins of God's people have been removed from them to Christ, and by him carried away into the land of oblivion; so that they are no more to be seen on them, who are through his blood and righteousness without fault, spot, or wrinkle, or any such thing; and, being out of sight, they are out of mind, never remembered any more, and like things cast into the sea, destroyed and lost (John Gill commentary) Fresh bread!

**Isaiah 43:25** I, *even* I, *am* he that blotteth out thy transgressions for mine own sake, and will not remember thy sins. KJV

 Father’s love and forgiveness can often times be difficult to fully comprehend. But, as Paul states clearly, that it is the simplicity of the gospel of Christ. Thus, why we are to come to him as a child, so one can learn firsthand of Father’s mercy and love. Food for thought!

Well, good morning, you are still here! Have you taken the time to consult with Father about what plans He has for you to accomplish on His behalf today? Fresh bread!

**1John 1:9** If we confess our sins, he is faithful and just to forgive us *our* sins, and to cleanse us from all unrighteousness. KJV

 Forgiveness is available, one has to simply remember to ask for it. Food for thought!

**Romans 5:21** That as sin hath reigned unto death, even so might grace reign through righteousness unto eternal life by Jesus Christ our Lord. KJV

 It is by grace through faith that one enters into their new life. The Bible tells you, that you are the righteousness because of Christ abiding within you. Food for thought!

**Ephesians 2:8** For by grace are ye saved through faith; and that not of yourselves: *it is* the gift of God: KJV

 At this time of year many are caught up in what man has created as a season of trying to outdo one another. Yet, as Paul shows one in this verse, there is only one gift worth having. You might say, it is “the gift” that keeps on giving, as long as one treasures it. Food for thought!

**Ecclesiastes 12:10** The preacher sought to find out acceptable words: and *that which was* written *was* upright, *even* words of truth. **11** The words of the wise *are* as goads, and as nails fastened *by* the masters of assemblies, *which* are given from one shepherd. KJV

 There are times that one contemplates if one is hearing the Lord clearly. And then someone will send in a comment on how the Lord ministered through the written word and it is rejuvenating with new purpose for one. Fresh bread!

**Proverbs 25:11** A word fitly spoken *is like* apples of gold in pictures of silver. KJV

 Paul says that we should be that example of the believers in Word and deed and allow God to do His work through you. This is what makes one stand out in Father’s eyes. Food for thought!

**Ephesians 2:13** But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ. KJV

 Today, recognizing one’s adoption into the body of Christ. Today, treasure this gift that you have been given. Fresh bread!

**Isaiah 9:6** For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counseller, The mighty God, The everlasting Father, The Prince of Peace.

 Unto a child is born, Jesus of Nazareth; unto us a Son is given, Christ the Son of God. Understanding what Father is telling one through this verse, and not what other people “think” it says. Lest one forget, they should be studying for Father’s approval. Food for thought!

**Romans 6:23** For the wages of sin *is* death; “**but the gift of God *is* eternal life through Jesus Christ our Lord.”** KJV

 The only gift that is essential in one’s life. Fresh bread!

A person will hear many things that are presented as facts; yet only God and His Word are truth!

**Romans 3:3-4** What then, if some of them have proved unfaithful? Can their unfaithfulness make null and void God's faithfulness? **4** Not at all. Let God prove true, though every man be false! As the Scripture says, "That you may prove yourself upright in words you speak, and win your case when you go into court. (Williams New Testament)

 When is a clue, not a clue? When one fails to see and hear that which is given to them in plain sight! Fresh bread!

**Mark 4:11**-12, to you, He replied has been entrusted the secret truth concerning the truth concerning the kingdom of God; but to those others outside your number all this is spoken in figurative language 12 THAT THEY MAY LOOK AND LOOK AND NOT SEE, AND LISTEN AND LISTEN AND NOT UNDERSTAND, LEST THAT THEY SHOULD RETURN AND BE PARDONED. (Weymouth translation)

**Colossians 1:27** To whom God would make known what *is* the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory: KJV

 The mystery revealed, Christ in you the hope of glory. Food for thought!

How often does one think to themselves how much more they could do, if they only had a bit more money or a bit more time?

**Ephesians 4:7** But unto every one of us is given grace according to the measure of the gift of Christ. KJV

 With that which you have been blessed with, it is always ample for where you are in your walk with Him. Fresh bread!

**Ephesians 1:3** Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly *places* in Christ: KJV

 As we alluded to in “fresh bread” today, one has to know their rights and authority, in order to utilize what one already has been given and already has. Food for thought!

We are blessed with all spiritual blessings, something one often forgets. We are told to be partakers of His divine nature, the living Word, the bread of Life. Fresh bread!

**John 6:35** And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. KJV

 It is imperative that one learns the vital importance of feeding the spirit man, more than the physical. Food for thought!

**John 6:27** Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed. KJV

 I am so thankful that Jesus Christ is available every day at any time for someone that is sincerely seeking Him. Fresh bread!

**Colossians 2:8** Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ. KJV

 The arrival of Jesus of Nazareth, set off that which Father had determined was essential for reconciliation with mankind. The arrival of Jesus of Nazareth here on earth, was only the beginning of His setting the way of that strait and narrow path, so we too could follow His example. Food for thought!

**Galatians 4:4** But when the fulness of the time was come, God sent forth his Son, made of a woman, made under the law, **5** To redeem them that were under the law, that we might receive the adoption of sons. **6** And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father. **7** Wherefore thou art no more a servant, but a son; and if a so, then an heir of God through Christ. KJV

 This day, today, is the day that the Lord has made, and we shall rejoice and be glad in it. It is now faith that enables us to live this day for the Lord. Fresh bread!

**Psalm 118:24** This *is* the day *which* the LORD hath made; we will rejoice and be glad in it.

 No one knows the day they were born, only the day that they came out of the womb and were welcomed to the world of the lower nature. However, one can be born again. Remember, he said to come and follow Him. Food for thought!

**Acts 10:38** How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him. KJV

 The day after, and all of the excitement and novelty of the things people received is already wearing off and waning. The days, weeks, and months of anticipation have now come and gone, and the focus has now shifted to other things.

 How often is it the same way with things which pertain to one’s salvation? Father opens our heart and mind to new things [revelations in His Word] and yet people are as busy looking at what they presume everyone else has, that they soon lose sight or interest in that which God has made available to them. Now faith is! Fresh bread!

Holding fast “your” profession of faith, without wavering [indecisive, double minded, hesitant, unresolved, erratic, inconsistent, tentative, uncertain]. Remember, that your profession of faith should be according to the Message that Christ delivered unto you, and your reception to it, by becoming an active participant in the divine nature of Christ. It is holding fast to that which you know that God has spoken to you and your heart, regardless of what the world around you may try to say or interject. Food for thought!

It is your choice of that which you will or should feed your spirit man this day. How seriously do you take this duty? Afterall it is your life! Fresh bread!

**Matthew 4:4** But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. KJV

 It is a gift, so one must receive the gift in order to use it and apply it to one’s life. The Bible is the Christian’s operational manual, for proper utilization of this gift. Food for thought!

**Galatians 3:14** That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith KJV

**Philippians 4:13** I can do all things through Christ which strengtheneth me. KJV

 All too often, one forgets that they are in a partnership with Father by and through and with Christ Jesus. Get the “I” out of your way and stay in union with Father. Fresh bread!

**1Timothy 2:5** For *there is* one God, and one mediator between God and men, the man Christ Jesus; KJV

 In the world there are all kinds of ideas and notion of how and why man should pray. One must remember that Jesus Christ said that no man can come to the Father, except by Him. Food for thought!

**John 10:8** All that ever came before me are thieves and robbers: but the sheep did not hear them. **9** I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture. KJV

 This gate of the Lord through which the righteous shall enter. (Psa 118:20) there is no other way through the gate or to the Father, but by Jesus Christ. Fresh bread!

It is your personal relationship with God. It is not dependent upon anyone else, but yourself. It is a gift that is presented to one by Jesus Christ, and if accepted, it is activated by His Spirit and presented to the Father. Food for thought!

**Ephesians 2:8-9** For it is by grace that you have been saved through faith: and that not of yourselves. It is God’s gift, and it is not on the ground of merit—so that it may be impossible for any one to boast. (Weymouth translation)

 A line from Megan Woods song “The Truth” is, “I know who I am, because I know who You are.” It is only as one begins to see who they are in Father’s eyes, that one can then be able to understand Father’s plan for reconciliation through Jesus Christ. Thus, why Paul said growing up into Him (Christ) in all things. Fresh bread!

**Romans 8:1-2** So then there is no condemnation at all for those who are in union with Christ Jesus. For the life-giving power of the Spirit through union with Christ Jesus has set us free from the power of sin and death. (William’s translation)

 It is all about our relationship with the Father afforded to us by one accepting the total sacrifice that Jesus Christ made once for all, in our behalf. Food for thought!

Adoption: the nature and condition of the true disciples of Christ, who by receiving the Spirit of God into their souls become the sons or children of God. (Thayer’s Lexicon)

**2 Peter 1:4** Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. (KJV)

 Will you be a partaker today? Fresh bread!

**Hebrews 11:1** Now faith is the substance of things hoped for, the evidence of things not seen. KJV

 The world today is looking forward to the new year, and the hope and aspirations that “it” may bring. Now faith is, let us get through today in good standing with Father. Food for thought!

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